

**Unit Cost of Naturopathy therapies / interventions in OPD/IPD offered to
NABH accredited empanelled Hospitals in CGHS.**

S.No.	Procedures/Treatment	Rate per Unit
	JalChikitsa (Hydrotherapy)	
1	Hip Bath	Rs. 150/-
2	Spinal Bath	Rs.100/-
3	Spinal Spray	Rs.200/-
4	Arm/Foot Bath	Rs.150/-
5	Full Immersion Bath	Rs.200/-
6	Local jet spray	Rs.200/-
7	Under Water Massage	Rs.350/-
8	Deluxe Hydro Massage	Rs.400/-
9	Whirl pool Bath	Rs.400/-
10	Circular jet bath	Rs.350/-
11	Enema	Rs.100/-
12	Colon Hydorthrapy	Rs.500/-
13	Local steam	Rs.100/-
14	Full Body steam	Rs.200/-
15	Sauna Bath	Rs.250/-
	Mardana Chikitsa	
16	Full Body Mardana	Rs.300/-
17	Local Mardana	Rs.150/-
18	Dry Mardana	Rs.200/-
	Packs/Fomentation	
19	Full wet sheet pack or Fomentation	Rs.150/-
20	Local Pack / fomentation (chest,abdomen, leg etc.)	Rs.100/-
	Mud Therapy	
21	Full body mud bath	Rs.250/-
22	Local Mud pack/application	Rs.100/-
	Chromo Therapy	
23	Thermoleum Sun Bath	Rs:200/-
	Naturopathy Therapeutic Diet	
24	Naturopathy diet (Single Serve)	Rs.100/-
	Package Treatments with minimum 3 procedures.	
25	One day package treatment (OPD)	Rs.750/-
26	One week package treatment (OPD)	Rs.3,500/-
27	Two weeks package treatment (OPD)	Rs.6,000/-
28	Three weeks package treatment (OPD)	Rs.9,000/-
29	One week package treatment (IPD)	Rs.10,000/-
30	Two weeks package treatment (IPD)	Rs.18,000/-
31	Three weeks package treatment (IPD)	Rs.25,000

Note: Any minor/local Naturopathy Procedure/therapy not included in the above list may be charged @ Rs. 100/- per sitting for upto 28 days.

1. Determination of treatment expenditure for payment / reimbursement.

For the purpose of settlement of Ayurvedic treatment expenditure under CGHS following criteria shall be applied-

- a) The above unit rates of therapies / interventions shall be benchmarks for calculating treatment expenditure.
- b) The above unit rates are inclusive of the implication of materials medicines, accessories, equipments maintenance, manpower (Medical, Paramedical and Nursing) and diet used in imparting therapies.
- c) Pre and post procedure cost will be chargeable @ Rs. 75 per day.